



INTRO

The Xebex Fitness XT3 Sled is an innovative training tool that brings conventional training and modern technology together to provide an advanced workout experience. It is intelligently designed to enhance strength and conditioning regimens with convenient, easy-to-use features and offers maximum durability to withstand even the most intense training sessions.

PRODUCT SPECS

Gross Weight (with packaging): 51 KG
Net Weight (without packaging): 46 KG
Package Dimensions: 1170x540x470mm
Assembled Dimensions: 1150x714x1206mm

TRAIN SMARTER



MEASURE & TRACK PERFORMANCE

Standard Option: Includes phone holder with 180° rotation and allows you to use a phone timer

Upgrade Option: Backlit **Smart Connect** console with 180° rotation displays workout metrics and connects to various third-party apps to record workout history

KEY FEATURES

VERTICAL STORAGE

Space-saving footprint of 714mm x 598mm when stored in an upright position

BI-DIRECTIONAL MOVEMENT

Push and pull from either end using the **Tri Handlebar** and **Low Handlebar**; the 3-wheel design makes the sled easy to maneuver

HASSLE-FREE TRANSPORT

The width fits standard size doorways for effortless transport and convenient storage

MINIMAL NOISE

Wheeled design allows for training on virtually any surface while keeping noise at a minimum



MAGNETIC RESISTANCE

Adjustable magnetic resistance from levels 1 to 8; the harder you push, the greater the resistance

ACCESSORIES INCLUDED

Includes **phone holder** and **V-strap** to attach a harness or rope. Upgrade to console version to track performance metrics (removes phone holder option)



TRI HANDLEBAR & LOW HANDLEBAR

Supports different grip styles for a variety of exercises. Insert the Tri Handlebar into the base to use the sled as a wheelbarrow and add weight on the plate sleeve to increase the load.



CONVENTIONAL HIGH PUSH



X-DRIVE PUSH



WHEELBARROW PUSH



LOW BAR PUSH